

TOGETHER

Autumn 2023

September to November
Distributed free within the Benefice

Helmingham
Debenham



Framsden

Pettaugh



continued on page 10



Winston
Kenton, Aspall



THE BENEFICE OF
DEBENHAM & HELMINGHAM

Reflection by Rev'd Susan Taylor

Autumn is undoubtedly a beautiful season as the green leaves darken and change to shades of red and yellow and gold – as if the trees have captured the summer sun and released its fire and light in one last blazing show before the winter. And as the trees blaze their colours and decline into hibernation, the days shorten and the darkness around us deepens. For all its glory, Autumn heralds a certain sadness with its ever-shorter chilly days.

As the seasons carry with them ever changing shades and colours; levels of light and darkness, so many of us carry that light and darkness with us; within us. In fact, in one season or another of our lives, we will all experience days and times of splendid light, but also, we will know the darkness that comes along with our humanity. We will all suffer pain and loss; hard times and sad times. It is the weight of our humanity – the burdens we carry in our hearts and minds and emotions.

And in our humanity, we also experience the wait of a different kind. The Bible talks often about waiting. It tells us that God is with us always, but we cannot always discern God around us and in our lives. And especially in those dark and chilly times. And so it suggests we wait, often quietly, as we would when watching for a shy bird visiting our gardens... In the New Testament, James writes, 'Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains.' (James 5:7).

It is not that God is not with us, it is just that sometimes... often, in fact, we just don't seem to be able to feel that presence. Jesus invites those who are weary and burdened by the demands of this world, of our human nature... by the weight and the wait that is this life... Jesus invites us, to draw close to him. The way, he suggests, into God's kingdom of light, is not as a self-sufficient expert, but as one willing to surrender self; to surrender self-rule and to be joined with the love of all loves... who will transform us into children of light.

Goodbye to Tracey

Our former curate Rev Tracey James is being installed as Rector of Needham Market with Badley on 6th September. Her final service here was in Debenham on 23rd July, where about 90 people from all our parishes gave her a good send-off and enjoyed a buffet lunch afterwards. We wish her well and God's blessings in her new role. See also the article about Badley church on page 14.

Debenham and Helmingham Benefice Church Services September

| | | | |
|-------------------------------------|---------|------------|-----------------|
| Sunday 3 rd September | 8.00am | Aspall | Holy Communion |
| | 9.30am | Debenham | family@church |
| Sunday 10 th September | 8.00am | Kenton | Holy Communion |
| | 9.30am | Debenham | Holy Communion |
| | | Framsden | Morning Prayer |
| | 11.00am | Helmingham | Holy Communion |
| | | Pettaugh | Holy Communion |
| | 6.30pm | Winston | Evening Prayer |
| Sunday 17 th September | 8.00am | Aspall | Holy Communion |
| | 9.30am | Debenham | Holy Communion |
| | | Winston | Morning Prayer |
| | 11.00am | Framsden | Holy Communion |
| | | Kenton | Holy Communion |
| | 2.30pm | Winston | Pet Service |
| Saturday 24 th September | 9.30am | Debenham | Holy Communion |
| | 11.00am | Winston | Harvest Service |
| | | Pettaugh | Harvest Service |
| | 3.00pm | Aspall | Harvest Service |

ASPALL

Strawberry tea at Aspall Hall Gardens, Sunday 25th June

Sincere thanks to Barry, Dale and Edward Chevallier Guild for kindly hosting the Aspall Strawberry Tea in their lovely walled garden at Aspall Hall. Thanks also to the numerous people who generously donated plants, bric-a-brac and cakes and helped erecting gazebos and organising stalls. We were blessed with a glorious, sunny day and a splendid display of Morgan cars.

The marvellous sum of £1,350 was raised for Aspall Church funds.

Looking ahead, we are proposing a **Cyder Tasting evening on Saturday 21st October** at 6pm in Dove Cottage, Debenham. Details to follow nearer to this date.

We are pleased to inform everyone that the funds to restore the lychgate in Aspall churchyard have now been raised. Work on the structure should commence in the next few months.

FRAMSDEN

Framsden Church

Framsden PCC are delighted to confirm the following fundraising events which will take place from September to December this year and which all are cordially invited!

Saturday, 23rd September: **Cypriot evening**. Three course dinner at the Village Hall, 7.00pm**

Saturday, 14th October: **Harvest Supper** at Village Hall, Framsdén. 7.00pm**

Sunday, November 12th: **Remembrance Dedication**. Meet at the Memorial in Framsdén churchyard for 10.45am.

Saturday, November 18th: **Movie Quiz** taking place at Framsdén Village hall, at 7.00pm

Saturday, 2nd December: **Moroccan Night** at Village hall, Framsdén at 7.00pm**

Saturday, December 23rd: **Carol Service**. St. Mary's Church, Framsdén at 5pm with refreshments being served after the service.

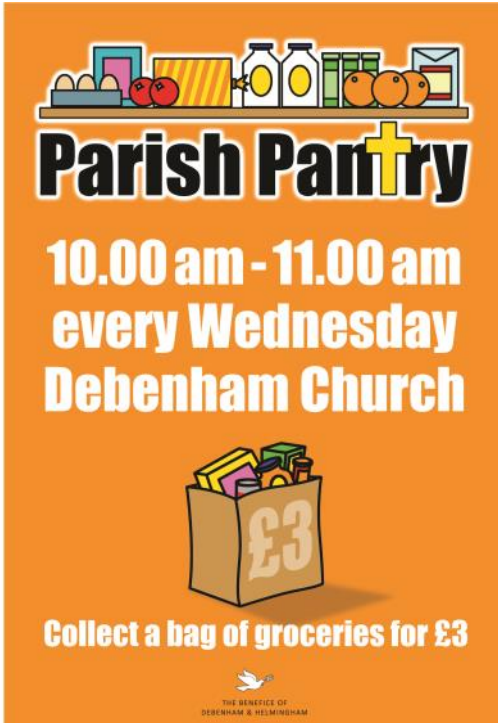
** to book tickets for the above events, please contact Christine Schofield by email - ctschofield@outlook.com.

The last Framsdén fundraiser - a Garden Party at Margaret & Paul Samain's house in Framsdén on July 16th, raised a wonderful £555.90! All proceeds have kindly been donated to St. Mary's church in Framsdén, Many thanks once again to our generous friends and neighbours for kindly hosting this wonderfully chilled and happy event, and to those who supported generously on the day. Many thanks all.

Framsden Village Hall

Just in case of interest, please be aware that the Rural Coffee Caravan visits Framsdén Village Hall, on the 2nd Wednesday of every month from 10am till midday.

To book the village hall contact Charlotte framsdenvillagehallbookings@gmail.com. The small meeting room is available free of charge!



The poster features a shelf at the top with various grocery items including eggs, tomatoes, a loaf of bread, milk cartons, and oranges. Below the shelf, the text reads: "Parish Pantry" in large, bold, black letters with a yellow cross over the 'y'. Underneath, it says "10.00 am - 11.00 am every Wednesday Debenham Church" in white text on an orange background. In the center is an illustration of a brown paper shopping bag with a large white "£3" on it, overflowing with colorful grocery items. At the bottom, it says "Collect a bag of groceries for £3" in white text. A small logo for "THE BENEFICE OF DEBENHAM & HELMINGHAM" is at the very bottom.

Debenham and Helmingham Benefice Church Services October

| | | | |
|-----------------------------------|---------|------------|-----------------------|
| Sunday 1 st October | 8.00am | Aspall | Holy Communion |
| | 9.30am | Debenham | Harvest family@church |
| Sunday 8 th October | 8.00am | Kenton | Holy Communion |
| | 9.30am | Debenham | Holy Communion |
| | | Framsden | Morning Prayer |
| | 11.00am | Helmingham | Harvest Service |
| | | Pettaugh | Holy Communion |
| Sunday 15 th October | 6.30pm | Winston | Evening Prayer |
| | 8.00am | Aspall | Holy Communion |
| | 9.30am | Debenham | Holy Communion |
| | | Winston | Morning Prayer |
| | 11.00am | Framsden | Harvest Service |
| Saturday 22 nd October | | Kenton | Morning Prayer |
| | 9.30am | Debenham | Holy Communion |
| | 11.00am | Winston | Holy Communion |
| Saturday 29 th October | | Pettaugh | Morning Prayer |
| | 10.00am | Framsden | Benefice Service |

WINSTON

Our love and prayers go to Rev Tracey as she leaves our Benefice to become Rector of the Benefice of Needham Market with Badley. We wish Tracey and her daughters every happiness in their new home.

We thank David Booth and Kelly Bayfield for playing two concerts in the Schoolroom.

The weather was kind for the Black Barn Singers concert *A Wonderful World* in the church on Sunday 25th June. As well as the singers we were treated to two brilliant solo performances by Jude Nightingale playing the clarinet, accompanied by his Mum Julie, playing the electric organ. The money raise, £320 was sent to Breast Cancer and a £30 donation to Winston Church.

It has been heartwarming to hear all the lovely and positive comments following the Winston Fete on Saturday 1st July. We have so many “thank yous” so in no particular order: to everyone who came and supported us on

the day, to everyone who helped with the preparation, site clearance, bunting, marquee, posters, notice boards, cake makers, etc; to Emma for bringing Pancake the lamb (her weight was 37.8kg); to Simon and friends for the classic tractors; music from Kevin and friends from *Stand and Deliver* on the road. Thank you to everyone who willingly purchased draw tickets, mainly from Sandra, by word of mouth, telephone sales, text etc. A lot of the money raised comes from pre-fete draw ticket sales. A very big thank you for all the donations of draw prizes, mainly by local businesses, which were given so willingly and generously in these present times. The total raised for the church and schoolroom, just over £2,900, was a record as was the attendance. *Thank you all once again.* PS I apologise if I've forgotten anyone.

The Suffolk Historic Churches Trust's *Ride and Stride* is on Saturday 9th September 9am-5pm. You are sponsored for each place of worship you visit, or given a donation and then half the money goes to SHCT and half to your nominated place of worship. For more details and sponsorship forms please contact Kate on 01728 861004.

The **Pet Service** takes place on **Sunday 17th September** at 2.30pm in the church followed by refreshments in the Schoolroom. All pets and their owners will be very welcome. Please do join us even if you don't have a pet.

The **Harvest Festival** takes place on **Sunday 24th September** at 11am. We are asking again this year, please, for donations of "tins and packets" etc which will be given to a local food bank. Thank you.

Please note. Sunday 8th October should be the last Evening Prayer, 6.30pm, before the dark nights of winter. The service should resume again in April. More details in the Winter magazine.

Sandra and Livvy are hoping to do their door to door collections for the Poppy Appeal in November. They would be very grateful of your support and to have money ready when they call. The Remembrance Service starts at 10.55 at the War Memorial.

We are planning the Early Bird Christmas Market on Saturday 18th November, 11am-3pm in the church and schoolroom. Please contact Kate on 01728c 861004 or email cmcbranch@btinternet.com for more details or to book your table. Free parking and entry.

HELMINGHAM

It was a lovely evening for the Summer Drinks in the Garden of Helmingham Hall hosted by Edward and Sophie Tollemache. Around 50 people attended and including donations, over £700 was raised for Church funds. Thanks to Edward and Sophie and all who supported the event.

Debenham and Helmingham Benefice Church Services

November

| | | | |
|--|---------|------------|----------------|
| Thursday 2nd November | 7.00pm | Debenham | All Souls |
| Sunday 5 th November | 8.00am | Aspall | Holy Communion |
| | 9.30am | Debenham | family@church |
| Sunday 12 th November Remembrance | 8.00am | Kenton | Holy Communion |
| | 9.30am | Debenham | Holy Communion |
| | | Framsden | Morning Prayer |
| | 10.45am | Debenham | Civic Service |
| | 10.55am | Helmingham | Morning Prayer |
| Saturday 19 th November | | Winston | Morning Prayer |
| | | Pettaugh | Holy Communion |
| | 8.00am | Aspall | Holy Communion |
| | 9.30am | Debenham | Holy Communion |
| | | Winston | Morning Prayer |
| Saturday 26 th November | 11.00am | Framsden | Holy Communion |
| | | Kenton | Morning Prayer |
| | 9.30am | Debenham | Holy Communion |
| | 11.00am | Winston | Holy Communion |
| | 6.30pm | Debenham | Advent Service |

Baptisms

Best wishes to Carina and Thomas Blower, grandparents Joanna and Melvyn and Michael and Emerita Pattrick together with the families of Elijah Blower who was baptised at St Mary's Church on July 23rd. Godparents came from multiple locations, two returning to Suffolk for the occasion. Carina and Tom were married in the church in May 2022 and were pleased to celebrate with their son in the same church. Also to Lawrence and Sally Smith whose son Oscar was baptised in May. Lawrence and Sally were married at Helmingham five years ago.

Suffolk Historic Churches Trust's *Ride and Stride* will be taking place on **Saturday 9th September** For more details please contact Dr Peter Haas on 01473 785381.

Helmingham Primary School & Nursery

You may have seen a Fire Engine in the grounds of the school this last week of term—they were there to see us set light to our houses that had been

made by the children of Nursery, Reception and KS 1 classes (Hedgehogs & Foxes) as part of their Topic this term—The Great Fire of London. Setting light to one end of the houses, built in the style of 1666, the wind soon drove the flames from house to house—in some cases jumping across the roof giving the children a real sense of how the fire took hold and spread. Great excitement at the end when a hose was used to ensure everything was extinguished and water all over the playground. A huge thank you to Debenham Fire Station for participating in our experiment.

Our KS2 children have joined with Henley School to perform PETER PAN with two performances at Henley Community Centre and a very special outdoor performance at Helmingham. With parents, children and local residents taking up position on the green hill of the playing field and watching as the children took to the stage with great gusto—magnificent singing and outstanding performances from them all—although the crocodile did take an extra bow at the end !!

Years 3 and 4 from Eagles Class went to Ipswich School to take part in a singing workshop with renowned Choral Director Dominic Ellis Peckham. The children learned an African tribal song and a song to celebrate 550 years since the birth of Cardinal Wolsey. It was a fantastic and thoroughly enjoyable experience for them all.

The school held a transition morning with students working collaboratively in Eagles to build the tallest, free-standing tower with just marshmallows and spaghetti. They listened to each other's ideas and worked together to build the structure. Transition day for Hedgehogs welcomed new Nursery children (aged 3+) who were very excited to investigate all the different areas they can access and in particular a large water tray with pirate ships !



KS1 Foxes class have been busy getting ready for our Outdoor Curriculum for next term. They have built a magnificent Bug Hotel with many layers and different natural materials to provide an inviting habitat. Bird feeders created and hung from the trees and a Hedgehog house. They have also harvested potatoes they have grown and made a tasty

potato salad which they shared with the younger children.

We rounded off our Summer term with the Friends of Helmingham putting on a Hawaiian Party for us. Flower garlands, hoopla, hook a duck, coconut shy, cakes, ice lollies, drinks with amazing straws!, tombola and BBQ all to a great music sound track which had us all dancing on the spot. A great finish to a brilliant term. We start all again on Tuesday 5th September with our new Outdoor Curriculum and new Wooden Classroom at the top of the playing field—exciting times to look forward to. If you would like your child to be a part of this then please don't hesitate to give the school a ring/ email. 01473 890267 office.helmingham@gfpschools.org. Find out more: www.helmingham.suffolk.sch.uk

PETTAUGH

How very different this Summer has been so far, in comparison to last year, much cooler and more rain. When we look at what has been happening recently the other side of the Jet Stream we have been very fortunate. Wild fires have devastated parts of Europe, Canada and the USA. Summer isn't over here yet, and the weather appears to be constantly confusing the meteorological experts. Who knows what we have in store for the rest of the year.

On Sunday 23rd July a combined Benefice service was held in St Mary's Debenham to bid farewell to our Curate, Tracey James who has completed her three year curacy in our Benefice and has moved on to become Rector of Needham Market Church. The service was well attended with food to share following the 11am service. We thank Tracey for the time she has spent with us and wish her joy, happiness and success in her new challenge.

Pettaugh Ladies Circle are

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CAFE

every **Wednesday**

10 am-12 noon, Dove Cottage

Pop in for a cuppa, cake and chat
(for a donation only)


THE BENEFICE OF
DEBENHAM & HELMINGHAM

celebrating their 50th anniversary this year. A party was held on the 8th August at Framsdon Village Hall. Some 50 years ago Rita Denyer and other local ladies started a group meeting regularly in the days when getting out and about and socialising as young mothers wasn't quite so easy in rural areas. The group continues to flourish with over 30 members, not all from Pettaugh, but it has expanded to surrounding villages. Monthly meetings continue to be held with many interesting speakers and social gatherings.

The **Annual Ride and Stride for Suffolk Historic Churches** will be held on **Saturday 9th September**. Anyone wishing to take part can contact our local organiser. Ruth Crane (01473890526) for details and sponsorship forms.

We are looking to hold another **Cheese and Wine Evening on Friday 22nd September at St Catherine's Church Pettaugh**. Details of the event to be confirmed.

Our **Harvest Service** will be held on **Sunday 24th September at 11.00am**. The **Service of Remembrance** will be held on **Sunday 12th November at 10.55am**.

Sadly, Roger Ratinon of Ipswich Way passed away in a care home on Sunday 25th June. Roger is remembered as quite a character in the village for many years.

We continue to remind the community of the wonderful space behind the church, the meadow, which is so beautifully looked after by our volunteer friend. We would like to remind people that this space is for all to enjoy, not just the walkers who pass through on the public footpath. It is a place where you can rest, listen to the birds and take in the wild flower areas. *Sheila*

DEBENHAM

St Mary's Art Exhibition

What a wonderful weekend. We had a party on Friday evening with music from the Open Mike brigade and cyder donated by Aspoll that was attended by over 100 people. We met some lovely people, and had a record year for profit for this current committee. We were able give £5000 to St Mary's Church for their restoration fund.

Our refreshments in Dove Cottage received more in donations than we've ever had. Thank you to everyone who baked and served. We had a very efficient team of people to erect the boards and dismantle them at the end of the exhibition. We also had plenty of volunteers to steward and help the many visitors. Thank you to everyone who help us.

A huge thank you too to the artists who put their work on display to be scru-

tinised and to everyone who purchased items. We think we had something for everyone from dearer paintings to reasonably priced prints and some lovely cards. Out of 84 artists who exhibited 66 sold something.

It's not just about the money though; it was a great weekend enjoyed by everyone who visited and the people who helped. It has been a regular event on Debenham's calendar for 46 years and attracts people from a wide area. One of our visitors was from Iceland and she took a painting back with her!

Next year's Exhibition is on 14th, 15th and 16th June

St Mary's Art Exhibition Committee

St Mary's Quiz Night

Our next quiz night is on **17th November**, 7 for 7.30pm in Dove Cottage. Look out for further details nearer the time.

Parish Pantry

Every Wednesday morning, 10am to 11am in the church. Collect a bag of groceries for £3.

Parish Café

Every Wednesday, 10am to 12 noon in Dove Cottage. Hot drinks, cake and chat.

Family@church

A family friendly service for the young and not so young. On the first Sunday of each month, 9.30am breakfast, 10am service.

Waveney Foodbank

A collection box for Waveney Foodbank is in the church porch. Debenham Co-op also has a box for collections (Stowmarket Foodbank).

Monday Meet-up

Every Monday except Bank Holidays, 10am-2pm in Dove Cottage, High Street. Free hot drinks, chat, meet friends, WiFi, use of microwave, books available, crafts, games, cards and a warm welcome. Bring your knitting! Dogs welcome. Jigsaw Puzzle Exchange. Sponsored by Mid Suffolk District Council.

Debenham Green Team

Debenham Green Team (debenhamgreenteam@gmail.com) have containers for pens, dental products and corks, at the back of the church. Also old candles for recycling. Join the mailing list at debenhamgreenteam@gmail.com. See the events coming up at www.facebook.com/DebenhamGreenTeam, or www.debenham.onesuffolk.net/debenham-green-team for basic information.

Recently the team have installed a Turvec Public Bike Repair Stand and

Pump at Cross Green, handily near the River Green Café, with funds from the Mid Suffolk District Council's Economic Growth and Climate Change Team. Come and admire it—and use it too!

Big Charity Jumble Sale

On **Saturday 23rd September**, 10am till midday in Debenham Church. Tea, coffee and cake available. Contact Bridget 07881 861620. Jumble drop-off at church between 4-8pm on Friday 22nd September or by prior arrangement.

Debenham Library

Our last **Afternoon Tea** at the Library is on **Sunday 10 September**, from 2-4pm. Come and enjoy cake or scones and hot drinks while you browse the books, read or use the computers—or enjoy the garden outside, if the weather is fine.

The **Summer Reading Challenge** “Ready, Set, Read!” continues until September 10th for 4-11 year olds.. In September we have a presentation party with a certificate and medal presented to all those child-ren who have completed the challenge.

A Dungeons and Dragons group now meets monthly in the library, with a junior version now launched too. Contact the library staff for details.

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, A4 Laminating, CDs, audiobooks, downloadable music/audiobooks/ebooks, free reservations, drinks for sale. The room is available for hire outside opening hours.

Tuesday 0930 am – 1300 pm Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm Sunday 1200 – 1600 pm

Tel: 01728 861940

www.suffolklibraries.co.uk/libraries/debenham-library

Facebook: @DebenhamLibraryandFriends

Email: debenham.library@suffolklibraries.co.uk

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1145-1210 (please note times have changed)

Debenham, Gracechurch Street/Henry Street Thursdays 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Pettaugh, Old Bull, Fridays 1535-1555

Helmingham and Kenton are no longer listed

See www.suffolklibraries.co.uk/visit/mobile-libraries for more information.
members. .

Editor's notes

The Copy deadline for the next *Together* magazine (December-February) is **25 October**, and is normally published about two weeks later. Quarterly, A5

format. 700 copies are printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: cmbranch@btinternet.com (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); ¼ page for £40 p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at www.achurchnearyou.com/debenham and earlier copies are available at www.issuu.com/tonyhutt.



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Pilgrimage of Song from Coddendam to Whitton, on Saturday 9 September

Walk and sing with the Cantus Firmus choir! The day begins with a workshop in which we learn the music for the day (you don't have to be an expert or be able to read music - just willing to have a go). We then walk from village to village, singing a short service at each church.

This event coincides with *Ride and Stride Day*, organised by Suffolk Historic Churches Trust. You can use the Pilgrimage of Song to raise funds for your church by getting people to sponsor you through the Ride and Stride scheme. The Press Launch page gives details (<https://shct.org.uk/2023/07/07/ride-and-stride-and-pedal-drive-2023-launched>).

We'll be walking a six-mile route, singing at four churches, then ending with a meal together. After an initial service at St Mary's Coddendam, we walk via Barham, Claydon and Akenham, ending at St Botolph's Whitton. You can find full details and the booking form at www.cantusfirmus.org.uk/events/pilgrimage-of-song-2023.html. Booking is open until 5 September, but if you want the meal you must book by 2 September.

You don't have to walk the whole route – if you share a car with a friend you can drive all or part of the way, and join in for the services. All ages are welcome. Most children aged 9 and above will be able to enjoy the singing and walking. The Pilgrimage of Song is in partnership with St Edmundsbury Cathedral's InHarmony project,

Suffolk Churches by Cycle: Badley

by Derek Worrall

Editor's note: Rev Tracey James becomes Rector of Needham Market with Badley in September, and most readers will know where St John the Baptist church at Needham Market is—right on the High Street. However you may not know or have ever heard of Badley church. This article will help you to find it!

You may have travelled through Badley without even noticing it. The main “village” is a string of houses along the B1113 just north-west of Needham Market. St. Mary's church is found down a mile-long track. Look for the “Ancient Church” signpost after leaving Needham. It is on the left, pointing into the field. The What3words location for the church is: left.bulletins.landmark. Cycling down the track is surprisingly comfortable. It is well compacted and easy to navigate around the potholes with decent touring tyres.

The Grade 1 listed medieval church is in a tranquil setting, amongst the Suffolk fields. It is now redundant and cared for by the Churches Conservation Trust and is usually open to visitors.

Upon entering the churchyard you will see the unique dropdown gate, preventing animals getting into the south porch. The ancient oak door has a metal viewing grille in it. The rectangular church tower has at the top red Tudor bricks and it contains three bells. The earliest dating back to 1530 and all cast in Suffolk foundries.

Inside it is largely untouched for 300 years, having not been Victorianised. A straightforward country church interior with some interesting features. There is a brick floor, containing 21 burial slabs of great age.

Stained glass windows (“superstitious pictures”) were destroyed following a visit by local puritan William Dowsing in 1644.

The replacement clear glass windows let the light stream in, causing the box-pews and benches to be bleached white over the centuries. There is some quality Jacobean carving.

Box-pews were rented for the sole use of, for example the lord of the manor and his family. After the peace and quiet of your visit you can reverse your steps, back to the main road. However, if you are on foot or bicycle you may choose to proceed onward along tracks, emerging at Little London, near Combs.

It is well worth the effort to hunt out this historic church.

Note: This article and photograph are reprinted with permission from *Winged Wheel*, the magazine of Suffolk CTC (the local group of Cycling UK).



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Useful links

Debenham website and PC
Framsdon PC
Framsdon village
Winston website and PC
Pettaugh website and PC
Framsdon Baptist Church
Forge Church (Debenham)

www.debenham.onesuffolk.net
www.framsdon.onesuffolk.net
www.framsdon.org.uk
www.winston.onesuffolk.net/parish-council
www.pettaugh.suffolk.cloud
www.framsdonbaptist.org
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WHO'S WHO IN THE BENEFICE

Rector

Revd. Susan Taylor 01728 860222 revsusantaylor@icloud.com
(Please avoid Fridays if possible)

Ministry Team

Mrs Veda Berriman 01728 861363 r.berriman111@btinternet.com
Mr Mark Trevitt 01473 890568 mail@wheelertrevitt.co.uk

Website: www.achurchnearyou.com/debenham (this page has links to the other churches in the Benefice). Together is also published online at www.issuu.com/tonyhutt where previous issues can be found.

Facebook: @debenhamandhelmingham Instagram: debenham_helmingham_benefice

Churchwardens

Debenham, St Mary Magdalene

Mrs Sheila Blackwell 01728 861815 sheila.blackwell@icloud.com
Mrs Betty Connors 01728 860513 bettyconnors@outlook.com

Helmingham, St Mary

Mr Mark Trevitt 01473 890568 mail@wheelertrevitt.co.uk

Aspall, St Mary of Grace

Mr Andrew Ward 01728 860343

Framsden, St Mary

Mrs Christine Schofield 01728 684076 ctschofield@outlook.com

Kenton, All Saints

Mr Vic Woodgate 01728 861118 vicwoodgate@winterbrook.co.uk

Pettaugh, St Catherine

Mrs Sheila Janson 01473 890883 s.janson@btinternet.com

Winston, St Andrew

Mr Brian Branch 01728 861004 cmcbranch@btinternet.com

Editor of Together magazine

Mr Tony Hutt 01728 860173 tony@tonyhutt.co.uk

Winston Schoolroom

To hire, contact Kate Branch on 861004, The Red House, Winston IP14 6LG or email cmcbranch@btinternet.com.

Dove Cottage

Contact: Ray Watts, 70 High Street, Debenham IP14 6QP Tel 01728 860255